Beacon Hill Village

OCTOBER 2014 CALENDAR HIGHLIGHTS

A reservation is required for all programs unless otherwise noted in the program description. Prices listed are per person and must be paid at time of reservation. Space is limited; BHV members have priority. Refunds will be made for cancellations received at least one week prior to an event unless tickets have been pre-purchased or non-refundable payments have been made. In that case we can make a refund only if we are able to fill your spot.

Monday, October 6 8 p.m. concert First Monday at Jordan Hall – Chamber Music Series

Don't miss the first concert of the 30th season in the New England Conservatory's popular monthly chamber music series. The concert will feature works by Stravinsky, Handel, Barber and Schubert. Take the Green "E" Line to Symphony Hall stop. Optional dinner (pay individually) at Pho & I, 267 Huntington Avenue, at 6:30 p.m. For concert only, meet inside Jordan Hall, 30 Gainsborough Street, and look for the group. BHV members and guests. Free.

Wednesday, October 8 9:45 a.m. - 3:30/4 p.m. Apple Picking and Wine Tasting



This trip takes us to the Nashoba Valley Winery in Bolton, MA, where we'll admire the foliage, pick apples (or not if you prefer to sit and enjoy the scenery or browse the wine and gift shop), have a boxed lunch, and end the day with a wine tasting. Meet at Café Vanille, 70 Charles Street, at 9:45 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 9:55 a.m. BHV members: \$45; Non-members (on a space-available basis): \$60. Price includes van transportation and lunch. Does not include \$6 fee for wine tasting or purchase of apples.

Tuesday, October 14 1:30 - 4:30 p.m. Walking Group: Mount Auburn Cemetery

Join Joan Doucette and Davida Carvin for a two-mile walk through Mount Auburn Cemetery, one of the country's most significant designed landscapes. With any luck, at least some of Mount Auburn's 5,500 trees will be showing their fall colors. The terrain is hilly, so wear comfortable shoes and be prepared to get some exercise. *Bring water*

and a snack. Meet at the Charles Street/MGH Station inside the turnstiles at 1:30 p.m. The group will take the Red Line to Harvard Square and then the 71 or 73 bus to Mount Auburn. BHV members and guests. Free.

Wednesday, October 15 11:45 a.m. - 2:30 p.m. Tour of the Taza Chocolate Factory

Learn about the process of making chocolate, from bean to bar, on our one-hour private tour of the Taza Chocolate Factory, makers of stone ground, organic chocolate and a pioneer in ethical cacao sourcing. There will be samples along the way, so plan on having an early lunch at home or bringing a sandwich to eat on the van. Most of the tour requires walking or standing on a concrete floor. Meet at Café Vanille, 70 Charles Street, at 11:45 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 11:55 a.m. BHV members: \$25; Non-members (on a space-available basis): \$35. Price includes van transportation and tour.

Monday, October 20 10:30 a.m. - noon A Conversation about Caregiving

Join BHV member Betsy Peterson and her friend Jade Angelica for a conversation about the challenges and rewards of caring for someone with a long-term illness, and some strategies to consider. Jade is the author of books on this and related subjects. Betsy will host this program at her Beacon Hill home. BHV members and guests. Free.

Monday, October 20 5:30 - 7 p.m. Conversations with... Paul Watanabe

UMass Professor of Political Science Paul Watanabe, a frequent commentator on local news programs, will offer his observations on the upcoming elections. Mr. Watanabe,



Please continue to page 3. >

CALL FOR RESERVATIONS 617-723-9713

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|---|--|
| MEN'S FIRST DRINK The men of Beacon Hill Village continue their once-a-month exploration of Boston's watering holes on Thursday, October 2, at 4 p.m. Location TBD. Pay individually. | NOTES | | Meditation (8:45) Whole Foods (10) Muscle/BHAC-NE (8:15-9:15 Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11) | Men's First Drink (4-5:30) Power Muscle/ BHAC-NE (8:15-9:15) Stretching/ BHAC-NE (9:15-9:45) Exercise/ BHAC-BH (10-11) Pilates (12:15-1:15) | Grocery Shop (9:30 & 11:30) TBS/BHAC-NE (8:15-9:15) Core Essentials/BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45) Yom Kippur begins at sundown 3 | Core Essentials (\$5) Pilates (\$5) Yoga/BHAC (\$5) Beacon Hill Athletic Club North Station 261 Friend Street Circuit Training & |
| COOKING AT THE BCAE French Cuisine, Thursday, October 16, 11 a.m. – 1 p.m. To sign up for this class, please call the Boston Center for Adult Education at 617.267.4430 and indicate that you are a member of BHV. BHV members: \$40/class. Meet at the BCAE, 122 Arlington Street. TAXI COUPONS Come to the BHV office on Friday, October 10, between 11 and noon, to pick up your taxi coupons at this monthly distribution. Pay \$5 for a \$10 coupon book; maximum of two books per person, per month. BHV members only. 74 Joy Street, 3rd floor. TRIP TO TRADER JOE'S Door-to-door transportation to Trader Joe's in Cambridge on Wednesday, October 15 at noon and 2 p.m. Space is limited. BHV members only: \$10. TERRIFIC TUESDAYS BHV members meet at 75 Chestnut on the first and third Tuesday of each month (October 7 & 21) at 4 p.m. to discuss and plan outings related to the arts. All BHV members welcome! Registration not required. | First Monday at Jordan Hall (8) TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11) | Grocery Shop (9:30 & 11:30) Lunch Group: Atlantic Fish (12:30) Terrific Tuesdays (4) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15) | Meditation (8:45) Another Cup (9:30) Apple Picking & Wine Tasting (9:45-3:30/4) Muscle/BHAC-NE (8:15-9:15 Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11) 8 | A Conversation with Secretary of Elder Affairs: MA Village Gathering Travel Group (5-6:30) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15) | Grocery Shop (9:30 & 11:30) Taxi Coupons (11-noon) TBS/BHAC-NE (8:15-9:15) Core Essentials/BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45) | Stretching/Robyn (CT&S) Beacon House 19 Myrtle Street Total Body Strength & Stretching (TBS&S) (\$5) Total Body Strength (TBS) (\$5) Muscle (\$5) Power Muscle (\$5) Stretching (\$5) Yoga (\$5) Beacon Hill Athletic Club North End 85 Atlantic Avenue Exercise/BHAC-BH (\$5) Beacon Hill Athletic Club Beacon Hill 3 Hancock Street Tai Chi/Dorri Li Beacon House 19 Myrtle Street Call instructor at 617.512.9575 for the fee for this class. Walking/Robyn 127 Mt. Vernon Street |
| | Columbus Day BHV Office Open TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11) | Grocery Shop (9:30 & 11:30) Walking Group: Mount Auburn Cemetary (1:30-4:30) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15) | Meditation (8:45) Another Cup (9:30) Trader Joe's (noon & 2) Taza Chocolate Factory Tour (11:45-2:30) Muscle/BHAC-NE (8:15-9:15 Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11) 15 | Cooking at the BCAE (11-1) The Doffie Project (5:30-7) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15) | Grocery Shop (9:30 & 11:30) TBS/BHAC-NE (8:15-9:15) Core Essentials / BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45) | |
| | A Conversation about Caregiving (10:30-noon) Conversations with Paul Watanabe (5:30-7) TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11) | Grocery Shop (9:30 & 11:30) Terrific Tuesdays (4) Glenda Tall Art Show (6-8:30) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15) | Meditation (8:45) Another Cup (9:30) Medicate Update (10:30-noon) Dreamgirls: The Musical (7:30) Muscle/BHAC-NE (8:15-9:15 Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11) | Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15) | Grocery Shop (9:30 & 11:30) TBS/BHAC-NE (8:15-9:15) Core Essentials /BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45) | |
| ANOTHER CUP BHV members meet at Panera Bread, 450 Boylston Street, every Wednesday (October 8, 15, 22 & 29) at 9:30 a.m. for a cup of coffee and conversation about current events. All BHV members welcome! Registration not required. | TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11) | Grocery Shop (9:30 & 11:30) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15) | Meditation (8:45) Another Cup (9:30) Walking Tour: Emancipation Trail (1:30) Muscle/BHAC-NE (8:15-9:15 Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11) | BPL: Emergence Quartet (2-3) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15) | Grocery Shop (9:30 & 11:30) Meditation: 74 Joy Street (9) TBS/BHAC-NE (8:15-9:15) Core Essentials /BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45) 31 | |

whose areas of expertise include American political behavior and foreign policy, received his Ph.D. in political science from Harvard University and is the author of many books and academic articles. The timing of Mr. Watanabe's talk couldn't be better — after the primaries and before the general election. *Meet at King's Chapel Parish House, 64 Beacon Street. BHV/BHS members: Free. Non-members:* \$20.

Tuesday, October 21 6 - 8:30 p.m. Glenda Tall: Art at the Liberty Hotel

BHV member and artist Glenda Tall will have a solo showing of her oil paintings in the lobby of the Liberty Hotel as part of the hotel's Tuesday evening Gallery Night Series. Enjoy a glass of wine as you wander through the exhibit. Email Roberta Meyers (bonmarchebabes120002@gmail.com) by September 12 if interested in dinner at Scampo before the exhibit. *Meet at 215 Charles Street. Free. Registration not required.*



Wednesday, October 22 10:30 a.m. - noon Medicare Update

Melinda Morle, Regional Outreach & Training Coordinator for the Boston SHINE (Serving the Health Information Needs of Elders) Program, will discuss changes to Medicare for 2014. During the Medicare Open Enrollment Period (October 15 - December 7), Medicare beneficiaries have an opportunity to change their existing plans. *Meet at Beacon House, 19 Myrtle Street. Open to the public. Free. Registration required.*

Wednesday, October 22 7:30 p.m. performance Dreamgirls: The Musical

Set in the 1960's and '70s, Dreamgirls follows the explosive career of "The Dreams," a dynamite fictional R&B female singing trio. Winner of six Tony awards, Dreamgirls will be performed by The Berklee Musical Theater Club. Optional dinner (pay individually) at 6 p.m. at the Bangkok City Restaurant, 167 Massachusetts Ave. For concert only, meet at the Berklee Performance Center, 136 Massachusetts Avenue, at 7:20 p.m. Take the Green Line (B, C or D) to the Hynes Convention Center stop. BHV members: \$14. Non-members: \$20.



Wednesday, October 29 1:30 p.m. Walking Tour: Emancipation Trail

Beacon Hill resident Vincent Licenziato has created a walk through Beacon Hill, the Back Bay and the South End to call attention to the many statues and memorials around the city that honor those who helped free enslaved people. Mr. Licenziato will narrate this 1.5 mile, one-hour walk along the so-called "Emancipation Trail." At the Pru, the group may stop for a snack, after which those who wish can continue on the tour for another 30 minutes to the Back Bay T station. Meet at The Shaw/54th Regiment Memorial directly across from the State House on the Boston Common side of the Memorial. BHV members and guests: \$10. Non-members (on a space available basis): \$20.

Thursday, October 30 2 - 3 p.m. Emergence Quartet

This Boston-based period instrument string quartet will perform early 19th century pieces featuring the works of Telemann, Fasch and Richter. *Meet at the Boston Public Library, Copley Square, 700 Boylston Street, Commonwealth Salon (1st floor). Free.*

EVEN MORE TO DO...

Wednesday, October 1 10 a.m. Trip to Whole Foods

Door-to-door transportation to Whole Foods in Cambridge with a driver who will carry your groceries to your door! BHV members only: \$10. Spaces are limited, so sign up early.

Wednesday, October 1, 8, 15, 22 and 29 8:45 a.m.

Meditation

Curious about the much talked-about benefits of meditation or how to go about it? A new meditation group is forming, geared to people who are new to meditation. Meditation will be held at Susan Cox's home on Beacon Hill. Meditation begins promptly at 8:45 a.m. BHV members only. Free.

Tuesday, October 7 12:30 p.m. Lunch Group: Atlantic Fish

A classic Boston favorite, Atlantic Fish offers guests a wide variety of daily seafood selections and other dishes using the freshest catches of the day. Meet at Atlantic Fish, 761 Boylston Street (between Exeter and Fairfield Streets). BHV members only. Pay individually.



Thursday, October 9 5 - 6:30 p.m. Travel Group: Belize

Frank Mead and Penny Bragonier will narrate a slideshow of their two trips to Belize. You'll hear about ancient Mayan ruins, rainforests, an iguana nursery, butterfly hatchery, and a small island resort surrounded by coral reefs perfect for snorkeling and scuba diving. Meet at 72 Mt. Vernon Street. BHV members only. Free.

Friday, October 31 9 a.m. Meditation at 74 Joy Street

Guided meditation led by a BHV member. No experience necessary! *Meet at 74 Joy Street, 1st floor. BHV members only. Free.*



74 Joy Street • Boston, MA 02114

RETURN SERVICE REQUESTED

NONPROFIT ORG. U.S. POSTAGE PAID BOSTON, MA PERMIT NO. 56848

A Conversation with Secretary of Elder Affairs

A Gathering of Massachusetts Villages

Tuesday, October 9

MASSMoCA and The Clark Institute

Day Trip to Western Massachusetts

Wednesday, November 5

See insert to the Calendar for further information on both of these events.

Reception to Honor BHV Special Friends Dave and Doffie Arnold

ART SALE TO BENEFIT THE VILLAGE

Thursday, October 16 • 5:30 - 7 p.m.

offie Arnold's enormous artistic talent has garnered local and national recognition. Now, she and her family have generously arranged to make her remarkable work available for sale, with a portion of the proceeds to benefit Beacon Hill Village. For one week beginning on Thursday, October 16, Caswell Galleries will host an exclusive showing of some of Doffie's work. This is a rare opportunity to view her original art and maybe even take home something special. To coincide with this gift, BHV and board member Kitty Flather will host a reception at Kitty's home, around the corner from Caswell Galleries, to honor the Arnolds for all that they have done for Beacon Hill Village. Enjoy a glass of wine and hors d'oeuvres, and join us in saying thank you to Dave and Doffie for helping to create and sustain BHV, the catalyst of a movement that has spawned 140 villages with more than 25,000 members. If you would like to say hello to Dave, please stop by early. And if you can't make it on October 16, please visit www.doffie.com for an online tour of the Doffie Project.



Doffie Arnold

Reception (5:30 - 7 p.m.)

9 West Cedar Street. BHV members and invited guests. Please call the office to register.

Art Show Opening (5 - 8 p.m.)

Caswell Gallery, 34 Charles Street. Public welcome. No registration required. Show continues through October 22nd. Visit www.caswellgalleries.com for additional gallery hours.