

Beacon Hill Village

MAY 2015 CALENDAR HIGHLIGHTS

A reservation is required for all programs unless otherwise noted in the program description. Prices listed are per person and must be paid at time of reservation. Space is limited; BHV members have priority. Refunds will be made for cancellations received at least one week prior to an event unless tickets have been pre-purchased or non-refundable payments have been made. In that case we can make a refund only if we are able to fill your spot.

Monday, May 4 9:30 a.m. - 3:30 p.m.

Zimmerman House & Currier Museum of Art – Manchester N.H.



Our day begins with a 1.5 hour private tour of the Zimmerman House, designed by the acclaimed American architect Frank Lloyd Wright and the only Wright-designed building in New England that is open to the public. After our tour, we will break for a boxed lunch before visiting the Currier Museum of Art, which operates the Zimmerman House. *Meet at Café Tatte, 70 Charles Street, at 9:30 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 9:40 a.m.* BHV members: \$70. Non-members: \$90. Price includes van transportation, tour of the Zimmerman House, admission to the Currier Museum of Art and a boxed lunch.

Monday, May 4 8 p.m. concert; dinner at 6:30 p.m.

First Monday at Jordan Hall – Chamber Music Series

Don't miss the last concert of the season in the New England Conservatory's popular monthly chamber music series. The May concert features works by Haydn, Schubert and Brahms. *Take the Green "E" Line to Symphony Hall stop. Optional dinner (pay individually) at Pho & I, 267 Huntington Avenue, at 6:30 p.m. For the concert only, meet inside Jordan Hall, 30 Gainsborough Street. BHV members only. Free. Registration required.*

Wednesday, May 6 10 a.m. & noon

Market Basket

Door-to-door transportation to Market Basket in either Chelsea or Somerville. *Space is limited. BHV members only: \$10.*

Monday, May 11 11 a.m. - noon

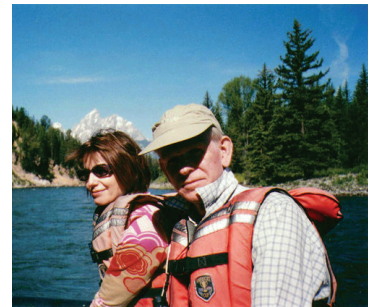
Fort Point Channel – Rose Kennedy Greenway Walk

Join BHV member Davida Carvin for a 1.5 to 2 mile walk at a moderate pace through parts of the Seaport District and the Rose Kennedy Greenway. The walk begins at South Station, crosses the Fort Point Channel to Rolling Bridge Park, a landscaped outdoor retreat, continues past the Boston Tea Party Ship Museum and ends on the Greenway, where an aerial sculpture by Janet Echelman is expected to be installed on the day of the walk. Some stair climbing involved. Optional lunch at the Granary Tavern near Aquarium Station. Wear comfortable walking shoes and bring water. *Meet in front of the main entrance to the South Station commuter rail/Amtrak train station. BHV members and guests. Free. Registration is required.*

Monday, May 11 5:30 - 7 p.m.

Conversations with...Hanne & Jeremy Grantham

BHV members Hanne and Jeremy Grantham are staunch advocates for action on climate change. Their foundation, the Grantham Foundation for the Protection of the Environment, seeks to raise awareness of environmental issues and supports individuals and organizations working to find solutions. Hanne and Jeremy will talk about climate change and some of the projects their foundation has funded. *Meet at King's Chapel Parish House, 64 Beacon Street. BHV/BHS members: Free. Non-members: \$20.*



Tuesday, May 12 9 a.m. - noon

Free Tech Help

Google employee Ian Swett will hold 45-minute one-on-one tutorials with BHV members to help them become more proficient with their smart phones, laptops or other portable devices. *74 Joy Street, first floor conference room. BHV members only. Free.*

Tuesday, May 12 6 p.m.

Supper Club: Casa Romero

Located down a small alley in the Back Bay, Casa Romero has been serving Mexican food in the same location for 45 years. *Meet at 30 Gloucester Street (entrance is around the corner). BHV members only. Pay individually.*

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Notes					 Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45) 1	TERRIFIC TUESDAYS BHV members meet on the first and third Tuesday of each month at 4 p.m. at 75 Chestnut Street to discuss and plan outings related to the arts. All BHV members welcome! Registration not required.
GROCERY SHOPPING TRIPS – PLEASE NOTE CHANGES. In response to member feedback, effective May 1, the grocery shopping trips on Tuesdays at 9:30 and 11:30 a.m. and on Fridays at 9:30 a.m. will go to the Stop & Shop on McGrath Highway in Somerville and the grocery shopping trip on Fridays at 11:30 a.m. will go to the Star Market in the Fenway.	Walking/Robyn (9-9:50) Zimmerman House and Currier Art Museum (9:30-3:30) Circuit Training/Robyn (10-11) First Monday at Jordan Hall (8; dinner at 6:30) 4	Grocery Shop (9:30 & 11:30) Calendar Mailing – new date for May only (10:30) Terrific Tuesdays (4-5) 5	Market Basket (10 & noon) Circuit Training/Robyn (10-11) 6	Meditation (8:45) Another Cup (9:30) Men's First Drink (4:00) 7	Grocery Shop (9:30 & 11:30) Taxi Coupons (11-noon) Tai Chi/Dorri Li (11:45-12:45) Age-Friendly Boston: West End Listening Session (2:00) 8	ANOTHER CUP – NEW LOCATION! BHV members meet at the Map Room Café, Boston Public Library, every Thursday at 9:30 a.m. for a cup of coffee and conversation. All BHV members welcome! Registration not required.
	Walking/Robyn (9-9:50) Circuit Training/Robyn (10-11) Fort Point Channel/Rose Kennedy Greenway Walk (11-noon) Conversations with... Hanne & Jeremy Grantham (5:30-7) 11	Tech Help (9-12) Grocery Shop (9:30 & 11:30) Supper Club: Casa Romero (6-8) 12	Circuit Training/Robyn (10-11) Arnold Arboretum: Smell the Lilacs (2-3) 13	Meditation (8:45) Another Cup (9:30) Travel Group: Namibia (5-6:30) 14	Grocery Shop (9:30 & 11:30) International Paper Museum (10-noon) Tai Chi/Dorri Li (11:45-12:45) 15	MEN'S FIRST DRINK The men of Beacon Hill Village continue their once-a-month exploration of Boston's watering holes on Thursday, May 7, at 4 p.m. Location TBD.
Rummikub with Tina & Joan (3-5) 17	Walking/Robyn (9-9:50) Circuit Training/Robyn (10-11) Lunch Group: Rustic Kitchen (12:30) 18	Grocery Shop (9:30 & 11:30) All Member Birthday Party! (2:30-4) Terrific Tuesdays (4-5) 19	Garden in the Woods (9:30-1:45) Circuit Training/Robyn (10-11) Trader Joe's (noon & 2) 20	Meditation (8:45) Another Cup (9:30) 21	Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45) 22	RUMMIKUB WITH TINA & JOAN Join BHV members Joan Doucette and Tina DiMaggio for an afternoon of rummikub on Sunday, May 17, 3-5 p.m., at Tina's home on Beacon Hill. Beginners and more experienced players welcome! BHV members only.
	Memorial Day BHV Office Closed Walking/Robyn (9-9:50) Circuit Training/Robyn (10-11) 25	Grocery Shop (9:30 & 11:30) 26	Circuit Training/Robyn (10-11) 27	Meditation (8:45) Another Cup (9:30) Presentation on Nutrition (11-11:30); Wellness Clinic (10:30-11 and 11:30-noon) 28	74 Joy Street Meditation (9:00) Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45) 29	MEDITATION Geared to people who are new to meditation. Meets every Thursday at 8:45 a.m. at the Beacon Hill home of BHV member Susan Cox. BHV members only.
HEALTH & WELLNESS: Beacon Hill Athletic Club (\$5/class) <i>North Station, 261 Friend Street:</i> Aerial Conditioning (Fri at 8:30) <i>North End, 85 Atlantic Avenue:</i> Total Body Strength (Mon at 8:30); Total Body Strength (Fri at 8:15); Muscle (Wed, Thurs at 8:30); Stretching (Wed, Thurs at 9:30); Yoga (Fri at 9:15) <i>Beacon Hill, 3 Hancock Street:</i> Senior Conditioning (Tues, Thurs at 10)						TAXI COUPONS Come to the BHV office on Friday, May 8, between 11 and noon, to pick up your taxi coupons at this monthly distribution. Pay \$5 for a \$10 coupon book; maximum of two books per person, per month. BHV members only. 74 Joy Street, third floor.
Circuit Training w/Robyn (Free) Beacon House 19 Myrtle Street						TRIP TO TRADER JOE'S Door-to-door transportation to Trader Joe's in Cambridge on Wednesday, May 20, at noon and 2 p.m. Space is limited. BHV members only: \$10.
Tai Chi/Dorri Li Beacon House 19 Myrtle Street Call instructor at 617.512.9575 for fee.						
Walking w/Robyn (Free) Meet at 127 Mt. Vernon Street						



Arnold Arboretum

Wednesday, May 13 2 p.m.

Arnold Arboretum – Smell the Lilacs

This trip takes us to the Arnold Arboretum in Jamaica Plain when at least some of the Arboretum's 370 lilac plants representing more than 176 kinds of lilacs of different colors, sizes and scents should be in bloom. After a walk through the lilacs, those who are feeling energetic may choose to explore other parts of the Arboretum. Maps will be provided. *Meet outside the turnstiles at the Forest Hills Station, the last stop on the Orange Line, for the five minute walk to the Forest Hills Gate entrance. Free.*

Thursday, May 14 5 - 6:30 p.m.

Travel Group: Namibia

Namibia has the world's most spectacular sand dunes. See them photographed from the ground and the air courtesy of BHV member John Besser. *Meet at 72 Mt. Vernon Street. BHV members only. Free.*

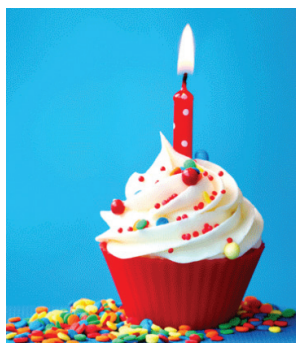


International Paper Museum

Friday, May 15 10 a.m. - noon (plus optional lunch)

International Paper Museum

Located in a two-story former carriage house in Brookline, the Paper Museum is both an active papermaking studio and a museum featuring rare books on historical papermaking, handmade papers from around the world, and tools and equipment that have been used for making paper over the centuries. Our visit will include a demonstration of papermaking, a tour of the second floor (no elevator) museum, and a documentary video about traditional papermaking. Optional lunch at the Abbey Restaurant in Washington Square. *Meet at the Paper Museum, 8 Evans Road, Brookline. Take the "C" branch of the Green Line to the Washington Square stop. Walk two blocks towards Commonwealth Avenue and turn left on Evans Road. Museum is through the second driveway on Evans Road. BHV members: \$10. Price covers tour of and admission to the museum.*



Birthday Party!

Monday, May 18 12:30 p.m.

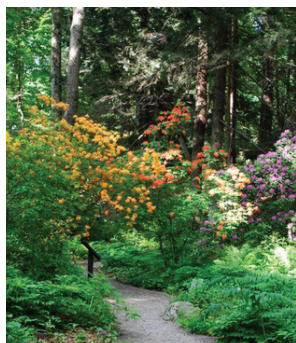
Lunch Group: Rustic Kitchen

New American cuisine served in an old world style bistro. The lunch menu includes a wide selection of salads, sandwiches & paninis, and pizzas. *Meet at 210 Stuart Street, Park Square. Pay individually.*

Tuesday, May 19 2:30 - 4 p.m.

All Member Birthday Party!

Join us for cake and ice cream to celebrate all BHV member birthdays, but to particularly honor the nonagenarians (age 90 and older) among us. *Meet in the garden at King's Chapel Parish, 64 Beacon Street. Free. Registration required.*



Garden in the Woods

Wednesday, May 20 9:30 a.m. - 1:45 p.m.

Garden in the Woods

Set among 45 acres, the New England Wild Flower Society's Garden in the Woods in Framingham showcases common and rare native New England plants. After our private 1.5 hour tour (one mile over hilly terrain), we'll have a boxed lunch in the Garden's covered picnic pavilion. A golf cart and tour guide will be available for those who prefer to take the tour by vehicle. *Meet at Café Tatte, 70 Charles Street, at 9:30 a.m., or at Starbucks, 165 Newbury Street (between Dartmouth and Exeter Streets), at 9:40 a.m. BHV members: \$45. Non-members: \$65. Price includes van transportation, admission to and tour of the gardens, and lunch.*

Thursday, May 28 11 - 11:30 a.m. (presentation)

Nutrition: The Most Important Things You Can Do to Stay in Good Health

At this second session of Beacon Hill Village's Wellness Clinic, run by Kate Sciacca, a Registered Nurse at Brigham and Women's Hospital, Kate will give a 30-minute presentation on Nutrition: The Most Important Things You Can Do to Stay in Good Health. Also, Kate will be available from 10:30-11 a.m. and 11:30-noon (before and after her presentation) to meet with members one-on-one to check their blood pressure and other vital signs and to discuss health care questions. When you register for the presentation, you can also register for your one-on-one with Kate. *Meet at 74 Joy Street, first floor conference room. BHV members only. Free.*



Nutrition

Friday, May 29 9 a.m.

Meditation at 74 Joy Street

Guided meditation led by a BHV member. No experience necessary! The group begins meditating at 9:05 and finishes by 9:45. *Meet at 74 Joy Street, first floor conference room. BHV members only. Free.*

RETURN SERVICE REQUESTED



Travel Group: Namibia

Thursday, May 14

Be a Part of the Conversation: Age-Friendly **Boston** Listening Session

Friday, May 8, 2 - 3:30 p.m.



The City of Boston has joined the World Health Organization's international network of age-friendly cities and is dedicated to developing policies and practices to enhance quality of life for residents 50 and over. Central to the project is to hear the voices of Boston residents on topics such as housing, transportation, outdoor spaces and buildings, respect and social inclusion, social participation, civic engagement and employment, communication and information, community support and health services.

Beacon Hill Village is helping the Age-Friendly Boston team to organize several listening sessions in our BHV neighborhoods, the first of which is scheduled for the West End. With information the team hears during these listening sessions, they will draft an action plan and work with partners across sectors to turn these ideas into reality.

Please join us on May 8 and let your voice be heard. And be on the lookout for other neighborhood listening sessions over the next several months. *Meet at the Boston Public Library West End Branch, 151 Cambridge Street. Free and open to the public. No registration required.*

Sunday, August 16

Tanglewood



Beacon Hill Village is once again partnering with Cambridge at Home and other Massachusetts Villages for a day trip to Tanglewood on Sunday, August 16, for a matinee performance. The Boston Symphony Orchestra will perform Beethoven's *Symphony No. 9* and the Tanglewood Music Center Orchestra and the Tanglewood Festival Chorus will perform Aaron Copland's *Symphonic Ode*. Cost is \$140, which includes transportation by chartered bus, tickets in the shed and a boxed lunch. A few tickets still available for BHV members and their guests! Bus will depart 70 Charles Street at 8:45 a.m. Please call the office to register for this trip and make payment.